

# Healthy Relationships?

"The quality of our lives depends upon the quality of the relationships that we forge with those around us."

Dr. Will Miller

A great opportunity to be encouraged and learn skills to help create "Lasting Relationships" at work, home, and in life!

## Healthy Relationships Workshop (for everyone)

4-Part series

Dates: Thursdays, Oct 25, Nov 1, 8 & 15

Time: 7 pm—9 pm

Where: Sylvia Rogers' home  
2010 SW Nancy Drive  
Gresham, OR 97080



Register online at:

[www.lastingrelationships.org](http://www.lastingrelationships.org)

Or call NWFS at 503-546-6377

Topics include: relationship elements, communication, conflict resolution, and more.

**Free  
Workshop!!!**

\*no childcare offered

Questions?  
Contact:

503-546-6377

A program presented by:

Northwest  
Family Services